

Participating in Coaching Sessions in a Traffic-Free Environment

Rider's Details

Name: _____ DOB _____ Male Female

Address (incl postcode): _____

Tel: _____ Mobile: _____

Email: _____

Emergency Contact Details

Name of Emergency Contact: _____ Relationship to Rider _____

Tel: _____ Alternative No. / Mobile: _____

Photo Permission

I do **NOT** give permission for my child to be photographed / videoed

From time to time we take photos or videos of cycling activities at the Club. These recordings will only be used to aid coaching or promote the Club. Please tick the box above if you want your child excluded from activities where this may occur.

Medical and Specific Needs

Please give details of any medical or health conditions that may affect your child's participation in cycling, or any specific needs they may have. Please include a list of any medication taken regularly and details of any support/modifications that may be required.

Parental / Guardian Consent

I understand and agree that my child participates in coaching sessions under the instruction of British Cycling coaches entirely at his/her own risk. I have considered the nature of such sessions and have discussed them with my child. I am satisfied that my child is sufficiently responsible and competent to assume full and entire responsibility for his/her own safety under the supervision of a British Cycling coach.

Important Notes

- you are giving consent for your child to participate in coaching sessions conducted in a traffic-free environment (ie not on the public highway). However, in some instances it might be necessary for the coach to move riders between locations, requiring limited use of the public highway. In these instances the riders will be under the direct supervision of the coach and it will not be part of a coaching activity. No coaching activity will be conducted on the public highway.
- It is part of the British Code of conduct to ensure that reasonable steps are taken to establish a safe environment where young riders can enjoy developing their cycling skills. Parents/guardians are welcome to stay and watch the session but this is not compulsory.
- Young riders are expected to remain in the session from beginning to end, unless they have to leave early. If the rider does have to leave early, or is being collected by someone other than the parent/guardian, the parent/guardian must advise the coach of the details of the arrangement, including who will be collecting the rider
- Any rider who persistently misbehaves or puts others in danger will be asked to leave the session and will not be allowed to attend in future
- It is the parent's/guardian's responsibility to ensure that his/her child's bike is in safe condition to ride. All riders must wear a cycling helmet at all times during the coaching sessions.

Please ensure you make a note on this form of any medical conditions your child has/you feel the coach should know about. If you have any concerns about your child participating in any form of physical activity, please consult your GP before giving permission for your child to take part in the coaching sessions.

I, being the parent/guardian of (insert name of child) have read the above notes and consent to my child taking part in the coaching sessions conducted in a traffic-free environment

Signed: _____ Date: _____

Name (printed): _____